Yuriko Yanagi, Ph.D.

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Research map, Google Scholar:
https://researchmap.jp/yurikoyanagi/research_interests?lang=en
https://scholar.google.co.jp/citations?user=h1ew5o0AAAAJ&hl=ja&oi=sra

Research interests: Child Maltreatment, Adverse Experiences, Trauma, PTSD

Education

PhD. in Education — March 2023
University of Tokyo, Advisor: Maiko Nonaka

MA. in Education — March 2020
University of Tokyo, Advisor: Haruhiko Shimoyama

BA. in Literature — March 2018
Ryukoku University, Advisor: Yoshiharu Morita

Exchange Program — 2015–2016
Arizona State University, GPA: 4.12

Research Experience

Visiting Researcher
2026–Present

Oklahoma State University, PACEs Lab
- Conducting cross-cultural comparative research on Protective and Compensatory Experiences (PACEs).
- Preparing a review article on PACEs and their associations with child and family mental health.
- Conducting secondary analyses of data from the Healthy Brain and Child Development (HBCD) Study and national datasets.

Postdoctoral Research Fellow (PD) from the Japanese Society for the Promotion of Science
2024–Present

National Center of Neurology and Psychiatry
- Coordinating Cognitive Processing Therapy (CPT) research by facilitating collaboration among team members, hospitals, and universities while overseeing data management.
- Leading registry-based research projects, conducting data analyses, preparing manuscripts, and managing budgets.

Research Assistant — 2023–2024
Faculty of Sociology, Toyo University
- Led the translation of psychological scales, ensuring cross-cultural validity based on the COSMIN guidelines.
- Conducted cognitive debriefing sessions and performed content analysis to enhance the accuracy and relevance of translated measures.
- Collaborating with Dr. Anthony J. Rosellini (Boston University), the developer of the MEDI, on joint research projects.

Ministry of Education, Culture, Sports, Science and Technology (MEXT) Leading Graduate School Program Students **2019–2023**

University of Tokyo

- Conducted collaborative research integrating clinical psychology with information science and engineering and presented studies on the application of artificial intelligence (AI), Internet of Things (IoT), and app development technologies to clinical psychology.
- Received highest-tier financial support, including a monthly stipend of ¥200,000 and research funding for four years from the second year of the master's program to the third year of the doctoral program.

Research Assistant **2020–2022**

Artificial Intelligence Research Center, National Institute of Advanced Industrial Science and Technology

- Conducted a systematic review and contributed to writing the background section of a report for the Ministry of Health, Labor and Welfare.
- Performed secondary analysis of data on sexual abuse and authored related research manuscripts, which were accepted for publication in peer-reviewed journals.

Publications

Peer-Reviewed Articles

6. **Yanagi, Y.**, Usami, M., Inomata, T., Mikami, K., Tsujii, N., Sasaki, Y., Kihara, H., Hakoshima, Y., Inazaki, K., Mizumoto, Y., Hashimoto, A., Itagaki, K., Yamamoto, K., Kuga, H., & Ito, M. (in press). Clinical characteristics of witnessing intimate partner violence in posttraumatic stress disorder diagnosis in Japan: Utilizing registry data from child psychiatry. *Journal of Child & Adolescent Trauma*.
5. Ishida, M., Sasaki, Y., Usami, M., Yoshimura, Y., Ito, M., Mikami, K., Tsujii, N., Kihara, H., **Yanagi, Y.**, Inomata, T., Itagaki, K., Hashimoto, A., Yamamoto, K., Hakoshima, Y., Inazaki, K., Mizumoto, Y., & Hori, H. (2025). Increased suicide-related behaviors, challenging behaviors, and anxiety symptoms in elementary and junior high school students after the coronavirus disease 2019 pandemic: A single-center case-control study. PCN Reports: Psychiatry and Clinical Neurosciences, 4(4), e70263. https://doi.org/10.1002/pcn5.70263
4. **Yanagi, Y.** (2024). Examining the moderating effects of school factors on sense of acceptance and mental health: A multilevel analysis. *Child Abuse Review, 3,* e2844. https://doi.org/10.1002/car.2844
3. **Yanagi, Y.,** & Takaoka, K. (2023). Examining the characteristics of disclosure and detection of sexual abuse among elementary and junior high school girls: The role of schools as seen through text mining. *Japanese Journal of Child Abuse and Neglect, 26*(1), 130–139.
2. **Yanagi, Y.** (2023). The process of help-seeking behavior at school among children who had experienced inadequate maternal care: A retrospective reflection. *Japanese Journal of Clinical Psychology, 23*(6), 693–705.
1. **Yanagi, Y.**, & Takaoka, K. (2022). How school staff hesitate to report child maltreatment in Japan: A process model of child protection generated via grounded theory. *Children and Youth Services Review, 141*, 106617. https://doi.org/10.1016/j.childyouth.2022.106617

Non-Peer-Reviewed Articles

6. **Yanagi, Y.** (2024). A case study of women with adverse childhood experiences in their family of origin: Changes in relationships with their current family [Gen kazoku ni oite gyakkyou taiken wo shite kita josei no jirei: Gen kazoku to no kakawarikata no henka] (in Japanese). *The Bulletin of Clinical Psychology, Department of Integrated Educational Sciences, Graduate School of Education, The University of Tokyo, 47*, 1–10.
5. **Yanagi, Y.** (2023). Trends and future perspectives in research on school factors as protective influences on parenting attitudes. *The Bulletin of the Graduate School of Education, The University of Tokyo, 63*.
4. Kyu, T., **Yanagi, Y.**, Kitahara Y., Uchimura, Y., & Nonaka, M. (2023). Challenges and prospects of interprofessional collaboration and cooperation among school counselors: A comparative study of support systems in Japan and Taiwan [Sukuuru kaunseraa no tashokushu renkei oyobi kyoudou ni okeru kadai to tenbou: Nihon to Taiwan no shien shisutemu no hikaku o tooshite] (in Japanese). *The Bulletin of Clinical Psychology, Department of Integrated Educational Sciences, Graduate School of Education, The University of Tokyo, 46*, 113–120.
3. Mori, K., Ishikawa, T., **Yanagi, Y.**, Matsubara, T., & Shimoyama, H. (2021). A review and future perspectives on social support research among gay and bisexual men [Gei・baisekushuaru dansei no soosharu sapooto ni kansuru

kenkyuu no gaikan to kongo no tenbou] (in Japanese). *The Bulletin of Clinical Psychology, Department of Integrated Educational Sciences, Graduate School of Education, The University of Tokyo, 44.*

2. Matsubara, T., Ichiyanagi, T., Kataoka, Y., Kitahara, Y., Ishikawa, C., Endo, R., Takaseki, H., **Yanagi, Y.**, & Shimoyama, H. (2020). A background of intergenerational transmission of child abuse and possibilities for support [Jidou gyakutai ni okeru sedaikan rensa no haikei to shien no kanousei] (in Japanese). *The Bulletin of Clinical Psychology, Department of Integrated Educational Sciences, Graduate School of Education, The University of Tokyo, 43*.
1. **Yanagi, Y.**, Suzuki, T., Endo, R., & Shimoyama, H. (2019). Current status and challenges of school-based support for child abuse. *The Bulletin of Clinical Psychology, Department of Integrated Educational Sciences, Graduate School of Education, The University of Tokyo, 42*.

Presentations

Invited Talks

1. **Yanagi, Y.**, et al. (2024, February). The current status of trauma treatment and Cognitive Processing Therapy practices in clinical settings in Japan. *Paper presented at the 8th Asian CBT Congress, New Delhi, India*.

International Conferences

4. **Yanagi, Y.**, Aoki, K., Sugawara, D., Aiba, M., Hatto, K., Kushibiki, N., Kawakami, N., Shiratori, Y., & Tachikawa, H. (2025). Effects of individual- and community-level stigma on loneliness: A multilevel analysis. *Paper presented at the Society for Personality and Social Psychology Annual Convention, Denver, CO, USA*.
3. Aoki, K., Hatto, K., **Yanagi, Y.**, Sugawara, D., Kushibiki, N., Aiba, M., Kawakami, N., Shiratori, Y., & Tachikawa, H. (2025). The effects of psychological flexibility on loneliness: Regression analysis using a curvilinear model. *Paper presented at the Society for Personality and Social Psychology Annual Convention, Denver, CO, USA*.
2. **Yanagi, Y.** (2024). Literature review on the idea of school acting as a protective factor against adverse experiences in Japan. *Paper presented at the 8th Asian CBT Congress, New Delhi, India*.
1. Furukawa, Y., Sakamoto, J., Takaoka, K., Tobisawa, K., Nuki, M., Kikuchi, M., & **Yanagi, Y.** (2021, June). The impact of child sexual abuse during victimization: A computational approach for explaining the observed outcomes and their developmental transition. *Paper presented at the International Congress on Child Abuse and Neglect, Milan, Italy*.

Domestic Conferences

5. **Yanagi, Y.** (2024). Research on schools as protective factors: Focusing on effective school functions for children experiencing inadequate parenting. *Lecture at the 88th Annual Convention of the Japanese Psychological Association, Kumamoto, Japan*.
4. Kashihara, J., & **Yanagi, Y.** (2024). Introduction to psychological network analysis: Getting started with cross-sectional data analysis using R and JASP. *Workshop conducted at the 88th Annual Convention of the Japanese Psychological Association, Kumamoto, Japan*.
3. **Yanagi, Y.** (2024). School factors among elementary and junior high school students: A psychological network analysis. *Paper presented at The 35th Annual Convention of the Japanese Society of Developmental Psychology, Osaka, Japan*.
2. Kushibiki, K., Sugawara, D., **Yanagi, Y.**, Aiba, M., Shiratori, Y., Kawakami, N., & Tachikawa, H. (2024). The relationship between adaptive personality traits and loneliness: A short-term longitudinal study. *Paper presented at the 33rd Annual Conference of the Japanese Society of Personality Psychology, Tsukuba, Japan*.
1. **Yanagi, Y.** (2020). Sense of acceptance and mental health: Focusing on individual and group-level school factors. *Paper presented at the 84th Annual Convention of the Japanese Psychological Association, Online, Japan*.

Government Reports

4. Ministry of Health, Labour and Welfare (2021). Research study on risk assessment for child abuse prevention in maternal and child health. *Child and Childcare Support Promotion Research Project (Research Study No. 33), Fiscal Year 2021*. (Data analyst: **Yanagi, Y.**).
3. Ministry of Health, Labour and Welfare (2021). Research study on the role of assessment in child abuse response: Development of a common safety checklist for use by child counseling centers and municipalities—interview

study on trial implementation and nationwide survey. *Child and Childcare Support Promotion Research Project (Research Study No. 27), Fiscal Year 2021.* (Data analyst: **Yanagi, Y.**).

2. Ministry of Health, Labour and Welfare (2020). Research study on the role of assessment in child abuse response. *Child and Childcare Support Promotion Research Project (Research Study No. 6), Fiscal Year 2020*. (Data analyst: **Yanagi, Y.**).
1. Ministry of Health, Labour and Welfare (2020). Research study on the identification and actual conditions of latent sexual abuse. *Child and Childcare Support Promotion Research Project (Research Study No. 17), Fiscal Year 2020.* (Data analyst: **Yanagi, Y.**).

Grants & Funding

Japan Society for the Promotion of Science (JSPS), Research Fellowship for Young Scientists

- **Project:** Development of a Detection Method for Psychological Control: Quantification via Acoustic Analysis and Application of Feedback Techniques
- **Grant Number:** 202500832
- **Funding Period:** April 1, 2025–March 31, 2028
- **Principal Investigator:** Yuriko Yanagi

JSPS, KAKENHI Grant-in-Aid for Transformative Research Areas (B)

- **Project:** Network Analysis for Unraveling the High-Resolution Mechanisms of Psychotherapy
- **Grant Number:** 21H05068
- **Funding Period:** August 2021–March 2023 (extended until March 2025)
- **Principal Investigator:** Jun Kashihara
- **Co-Investigator:** Yuriko Yanagi

Early-Career Researcher Grant, Japanese Association for Cognitive Therapy and Cognitive Behavioral Therapy

- **Project:** Literature review on the idea of school as a protective factor against adverse experiences in Japan
- **Subsidy Date:** May 2024
- **Principal Investigator:** Yuriko Yanagi

JSPS, KAKENHI Grant-in-Aid for Research Activity Start-up

- **Project:** A Study on the Development of a Screening Scale for Early Life Adversities based on the Dimensional Model
- **Grant Number:** 23K18999
- **Funding Period:** August 2023–March 2025
- **Principal Investigator:** Yuriko Yanagi

JSPS, KAKENHI Grant-in-Aid for Young Scientists

Project: Identifying Effective Treatment Components and Mechanisms of Action in Cognitive Processing Therapy for Adverse Childhood Experiences
Grant Number: Pending Grant Number
Funding Period: April 2025–March 2028

- **Principal Investigator:** Yuriko Yanagi

Honors & Awards

Shinwa Association President's Award, Ryukoku University **March 2018**
Awarded to graduates with outstanding academic performance and accomplishments across various fields during their studies.

Teaching Experience

Part-time Instructor, Introduction to Counseling **2025–Present**

Department of Psychology, Faculty of Letters, Komazawa University

- Preparing and delivering lectures to undergraduate students, covering counseling theories and core communication skills, including nonverbal and verbal techniques, and managing well-designed exercises role-play exercises.
- Incorporating cross-cultural visual materials (Japan–U.S.), creating worksheets to facilitate student discussions, and providing oral feedback.

Part-time Instructor, Advanced Topics in Educational Psychology **2024–Present**

Graduate School of Psychology, Rikkyo University

- Preparing and delivering lectures to graduate students; teaching theories and practical knowledge relevant to parent–child conflict intervention; performing teacher consultation, parent psychoeducation, and ecological assessment.
- Facilitating discussions; managing role-play exercises in individual counseling, family counseling, and teacher consultation scenarios; and providing written feedback to students after each lecture.

Part-time Instructor, Developmental Psychological English Reading **2023–Present**

Faculty of Human Sciences, Senshu University

- Teaching a year-long undergraduate course, guiding students in reading and presenting academic papers in developmental and clinical psychology in English, while facilitating discussions.
- Instructing students on literature search strategies, critical reading, academic presentation skills, and data analysis methods to promote the accurate comprehension of results reported in academic papers
- Reviewing selected papers by students, annotating their presentation slides in advance, and providing individualized, constructive feedback on their presentations.

Clinical Experience

University Counseling Psychologist **2023–2024**

Graduate School of Economics and Faculty of Economics, The University of Tokyo

- Coordinated with university administration on academic accommodations and collaborated with external institutions such as health centers.
- Provided guidance on available support during orientation and worked closely with the graduate school dean during crisis interventions.

School Counselor for Public Junior High School **2022–2024**

Ota City Educational Center

- Developed telephone counseling services and facilitated negotiations with schools to arrange home visits for families with limited access to support.
- Provided consultation to school nurses and homeroom teachers and collaborated with administrators to support student well-being.

Qualifications

- **Certified Psychologist** (November 2021, Registration No. 46343)
- **Clinical Psychologist** (April 2021, Registration No. 39377)

Skills

- **Languages:** Japanese (native), English (proficient)
- **Statistical Analysis:** R (Three-Level Multilevel Analysis, Network Analysis, Multiple Imputation for Missing Data)
- **Qualitative Data Analysis:** Text Mining (Co-occurrence Network Analysis, Cluster Analysis), Grounded Theory Approach, Content Analysis

References

Masaya Ito, PhD
Director

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Relationship: current advisor

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Professor of Psychology
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Relationship: former advisor

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Relationship: former advisor

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Professor of Human Sciences
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Relationship: Research collaborator