

Jens Erik Jespersen

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APPOINTMENTS

- 2024 **Adjunct Instructor**, Department of Psychology, Oklahoma State University.
- 2022-Present **Post-Doctoral Fellow**, Center for Integrative Research on Childhood Adversity, Department of Psychiatry and Behavioral Sciences, Oklahoma State University Center for Health Sciences. Fellowship Advisor: Jennifer Hays-Grudo, Ph.D.

EDUCATION

- 2022 **Oklahoma State University**, Stillwater, OK
Ph.D. in Human Development and Family Science
Graduate Advisor: Amanda Sheffield Morris, Ph.D.
Dissertation: Attachment and Parenting Behavior in Mothers of Young Children: A Mixed-Methods Approach
- 2021 **Oklahoma State University**, Stillwater, OK
Graduate Certificate in Infant Mental Health
Department of Education and Human Sciences
- 2019 **Oklahoma State University**, Stillwater, OK
M.S. in Human Development and Family Science
Graduate Advisor: Amanda Sheffield Morris, Ph.D.
Thesis: Evaluation of a Parent Education Program Emphasizing Responsive Parenting, Executive Function, and Mindfulness.
- 2016 **Brigham Young University**, Provo, UT
B.S. in Psychology - Minor in Family Life
Undergraduate Advisor: Craig H. Hart, Ph.D.

RESEARCH INTERESTS

- Caregiving and infant mental health
- Social and emotional development in infancy and early childhood
- Emotion regulation and emotion socialization
- Early adversity and resilience and outcomes across the lifespan
- Caregiver and child development program implementation and evaluation

RESEARCH EXPERIENCE

- 2022-Present **Post-Doctoral Research Fellow**, Department of Psychiatry and Behavioral Sciences, Oklahoma State University Center for Health Sciences. Supervised by Jennifer Hays-Grudo, Ph.D. *Center for Integrative Research on Childhood Adversity (CIRCA)*. Oversaw and trained graduate and undergraduate research assistants as a team lead for the Recruitment, Engagement, Collection, and Analysis (RECA) Core. Coordinated and led training and data collection for three different labs housed within the CIRCA project, examining the effects of early adversity on pregnancy and infant development (EMBRACE, Epigenetics of Mother-Baby Reactivity And Childhood Experiences – Dr. Lucia Ciciolla); early adversity and parent-adolescent interactions and emotion regulation (REY, Regulation of Emotions in Youth – Dr. Kara Kerr); and early adversity and COVID immunity response in adulthood (ACIS – Dr. Bart Ford). Aided in developing and managing a CIRCA data-bank consisting of data collected regarding early childhood adversity and caregiver and child outcomes across studies site-wide.
- 2022-Present **Post-Doctoral Research Fellow**, Department of Psychiatry and Behavioral Sciences, Oklahoma State University Center for Health Sciences. Supervised by Jennifer Hays-Grudo, Ph.D and Amanda Morris, Ph.D. *Protective and Compensatory Experiences (PACEs) Lab*. Developed assessments of positive early experiences for evaluating, infants, children, adolescents, and caregivers. Managed a team of undergraduates, graduate students and post-docs with responsibilities including protocol training, IRB management, presenting and professional conferences, manuscript development and publication, and direction of data collection and analysis.
- 2023 **Program Evaluator**, Department of Psychiatry and Behavioral Sciences, Oklahoma State University Center for Health Sciences. Conducted a mixed-methods summative evaluation of the *Mindful First Responders* program implemented in first responder departments across the State of Oklahoma. Quantitative and Qualitative data were collected from participants and program leaders to evaluate program effectiveness. Quantitative data were collected via pre- and post-surveys; Qualitative data were collected via individual interviews. Data were analyzed using SPSS and NVivo software.
- 2019-2022 **Graduate Research Assistant**, Department of Human Development and Family Science, Oklahoma State University. Supervised by Lana Beasley, Ph.D. and Amanda Morris, Ph.D. *Healthy Brain and Child Development Study (HBCD)*. Conducted qualitative research to determine best practices for recruiting high-risk mothers/their infants to participate in a NIH-funded longitudinal study of environmental effects on children's development using MRI scanning and other neurodevelopmental assessments. Responsibilities to this point have included interview guide development, qualitative interviewing, data coding and analysis using NVivo software, quantitative behavior/health data collection and analysis using SPSS. Trained in protocols for infant and child fMRI and child development and behavioral assessment.
- 2017-2022 **Graduate Research Assistant**, Department of Human Development and Family Science, Oklahoma State University. Supervised by Amanda Morris, Ph.D. *Child and Adolescent Development Lab – The Legacy Project*. Conducted longitudinal research designed to observe the parent-child relationship, parenting practices, and perceptions of parenting in a low-income sample. Responsibilities included survey construction and administration (Qualtrics & REDCap), child care, physical and electronic data collection and storage,

and quantitative and qualitative data cleaning and analysis using SPSS, NVivo, and PICCOLO (observational coding).

- 2017-2020 **Project Coordinator**, Department of Human Development and Family Science, Oklahoma State University. Supervised by Amanda Morris, Ph.D. Child and Adolescent Development Lab – *The Tulsa Children’s Project*. Research activities included: coordinating and conducting data collection at three early childhood education centers in inner-city Tulsa (Tulsa Educare), training and supervising child care staff and family advocates on parenting course instruction and data collection, and data entry and analysis using Qualtrics and SPSS.
- 2017-2019 **Project Coordinator**, Department of Human Development and Family Science, Oklahoma State University. Led a national evaluation of the *Active Parenting First Five Years* program, overseeing group leader training on data collection/management, and analysis and presentation of data from over 275 parents/caregivers across 31 data collection sites spanning five states using SPSS and Mplus.
- 2017-2018 **Program Evaluator**, Department of Human Development and Family Science, Oklahoma State University. Conducted a mixed-methods summative evaluation of the *Talk, Read, Sing* early literacy program implemented in religious institutions in the Tulsa metropolitan area. Quantitative and Qualitative data were collected from participants and program leaders to evaluate program effectiveness. Quantitative data were collected via retrospective pre-post surveys; Qualitative data were collected via focus groups. Data were analyzed using SPSS and NVivo software.
- 2016-2017 **Research Assistant**, School of Family Life, Brigham Young University. Supervised by David Nelson, PhD and Craig Hart, PhD – *The PACIFIC Project*. Conducted research analyzing parenting practices and behavior among Asian populations in various countries around the world. Data collection sites were located in China, Japan, Malaysia, Taiwan, Turkey, and the USA. Carried out item analysis and cross-measure comparison, recorded and distributed meeting minutes, kept IRB updated, and led correspondence with foreign data collection sites.
- 2016-2017 **Research Assistant**, School of Family Life, Brigham Young University. Supervised by Chris Porter, Ph.D. Infancy Lab. Used PsycINFO to carry out extensive literature searches on parenting styles and measures used to study parenting during infancy. Evaluation of various parenting-based statistical measures.
- 2015-2016 **Research Assistant**, Department of Psychology, Brigham Young University. Supervised by Sam Hardy, Ph.D. Moral Personality Research Lab – *Project ACT*. Conducted longitudinal research on how parent practices and opinions of risky behaviors affected risky behavior development in their teenage children. Responsibilities included parenting and morality literature searching using PsycINFO, SPSS codebook syntax development, Qualtrics survey design and piloting, and data collection and analysis.
- 2014-2016 **Research Assistant**, Department of Psychology, Brigham Young University. Supervised by Ross Flom, Ph.D. BYU Infant Development Lab. Conducted research on infant pro-social behavior development using Tobii eye tracking technology. Results from habituation and violation of expectation study techniques were analyzed. Carried out subject recruitment, coding of infant behaviors, data collection and entry (Excel), and collaborated in the experimental design and setup process.

REFEREED PUBLICATIONS

- Ratliff, E. L., **Jespersen, J. E.**, Addante, S. M., Watrous, J. N., Morris, M., Beasley, L. O., Hays-Grudo, J. & Morris, A. S. (2024). Early-life protective and compensatory experiences buffer the effects of ACEs on depression and resilience in young adults. *Emerging Adulthood*,
- Jespersen, J. E.**, Bosler, C., Slocum, R. S., Hays-Grudo, J., Root, J., Hubbs-Tait, L., & Morris, A. S. (2023). Super Parents: Preliminary findings of a group-based parenting intervention. *Journal of Human Sciences and Extension*, *11*(3), 4. <https://doi.org/10.55533/2325-5226.1465>
- Ratliff, E. L., Morris, A. S., Cui, L., **Jespersen, J. E.**, Silk, J. S., & Criss, M. M. (2023). Supportive parent-adolescent relationships as a foundation for adolescent emotion regulation and adjustment. *Frontiers in Psychology*, *14*, 1193449. <https://doi.org/10.3389/fpsyg.2023.1193449>
- Jespersen, J. E.**, Quigley, A., & Shreffler, K. M. (2023). Pregnancy intendedness and happiness as predictors of maternal-fetal bonding: Evidence for mediation. *Journal of Reproductive and Infant Psychology*. <https://doi.org/10.1080/02646838.2023.2188080>
- Beasley, L. O., **Jespersen, J. E.**, Morris, A. S., Farra, A. & Hays-Grudo, J. (2022). Parenting challenges and opportunities among families living in poverty. *Social Sciences*, *11*(3), 119. <https://doi.org/10.3390/socsci11030119>
- Jespersen, J. E.**, Hardy, N. R., Morris, A. S. (2021). Parent and Peer Emotion Responsivity Styles: An extension of Gottman's emotion socialization parenting typologies. *Children*, *8*(5), 319-333. <https://doi.org/10.3390/children8050319>
- Shreffler, K. M., Spierling, T., **Jespersen, J. E.**, & Tiemeyer, S. M. (2021). Pregnancy intendedness, maternal-fetal bonding, and postnatal maternal-infant bonding. *Infant Mental Health Journal*, *42*(3), 362-373. <https://doi.org/10.1002/imhj.21919>
- Jespersen, J. E.**, Morris, A. S., Hubbs-Tait, L., & Washburn, I. J. (2021). Evaluation of a parent education program emphasizing responsive parenting and mindfulness: An inclusive randomized controlled trial. *Child & Youth Care Forum*, 1-25. <https://doi.org/10.1007/s10566-021-09597-2>
- Beasley, L. O., Ciciolla, L., **Jespersen, J. E.**, Chiaf, A.,... Croff, J.M. (2020). Best practices for engaging pregnant and postpartum women at risk of substance use in longitudinal research studies: A qualitative examination of participant preferences. *Adversity and Resilience Science*, *1*(4), 235-246. <https://doi.org/10.1007/s42844-020-00019-1>
- Morris, A. S., **Jespersen, J. E.**, Cosgrove, K. T., Ratliff, E., & Kerr, K. L. (2020). Parent education: What we know and moving forward for greatest impact. *Family Relations*, *69*, 520-542. <https://doi.org/10.1111/fare.12442>
- Zapata, M. I., Morris, A. S., Emerson, A., **Jespersen, J. E.**, & Stiller-Titchener, K. (2020). Harnessing church partnerships to promote parent education and early literacy: Extension applications. *Journal of Extension*, *58*(2), Article v58-2rb1. Available at: <https://joe.org/joe/2020april/rb1.php>

BOOK CHAPTERS

Morris, A. S., Barlaan, D., **Jespersen, J. E.**, Watrous, J. N., & Hays-Grudo, J. (In Press). Infant mental health and the assessment of adverse and protective childhood experiences. In H. E. Fitzgerald (Ed.) *Handbook of Infant Mental Health*. Springer.

Morris, A. S., Cui, L., **Jespersen, J. E.**, Criss, M. M., & Cosgrove, K. T. (2022). Emotion socialization across development. In A. S. Morris & J. Mendez Smith (Eds.) *The Cambridge Handbook of Parenting: Interdisciplinary Research and Application*. New York, NY: Cambridge University Press.

MANUSCRIPTS UNDER REVIEW

King, S., Beasley, L. O., Welch, G., & **Jespersen, J. E.** *A Qualitative Approach to Understanding Parenting Changes During COVID-19: Working Toward a Conceptual Framework to Support Families During Prolonged Adversity*.

WORKING PAPERS

Jespersen, J. E., Beasley, L. O., King, S., ... (in preparation). *Quality time in quarantine: The buffering effects of family time on outcomes associated with COVID-19*.

Jespersen, J. E., Washburn, I. J., & Morris, A. S. (in preparation). *Utilizing multilevel modeling to examine group differences in parenting program outcomes as an indicator of fidelity*.

Jespersen, J. E., Morris, A. S., Washburn, I. J., Ciciolla, L., Beasley, L. O., & Chesher, T. (in preparation). *Attachment and Parenting Behavior in Mothers of Infants and Toddlers: A Mixed-Methods Approach*.

Hays-Grudo, J., **Jespersen, J. E.**, Barlaan, D., Watrous, J. N., Beasley, L. O., & Morris, A. S. (in preparation). *The effects of adverse and protective childhood experiences on development: An integrative approach*.

Jespersen, J. E., Beasley, L. O., & King, S. (in progress). *Examining Father Involvement in a Home-Visit Parenting Program: Lessons Learned*. To be submitted:

Jespersen, J. E., Beasley, L. O., King, S., Root, J., & Hays-Grudo, J. (in preparation). *Childhood experiences and dispositional mindfulness among first responders: Building resiliency*.

OUTREACH PUBLICATIONS

Beasley, L. O., **Jespersen, J. E.**, Root, J., & Hays-Grudo, J. (2023). Mindful First Responders program evaluation report. Tulsa, OK: Oklahoma State University Center for Health Sciences, Department of Psychiatry and Behavioral Sciences.

Slocum, R., **Jespersen, J. E.**, & Morris, A. S. (2020) Nurturing your baby's social and emotional growth. *Oklahoma Cooperative Extension Service, OSU Extension Fact Sheets*. Stillwater, Oklahoma. Available at: <https://extension.okstate.edu/fact-sheets/nurturing-your-babys-social-and-emotional-growth.html>

- Jespersen, J. E.,** Morris, A. S., & Hays-Grudo, J. (2020). Baby PACES: Protecting your young child against adversity. *Oklahoma Cooperative Extension Service, OSU Extension Fact Sheets*. Stillwater, Oklahoma. Available at: <https://extension.okstate.edu/fact-sheets/baby-paces.html>
- Jespersen, J. E.,** Morris, A. S., Hubbs-Tait, L., Hays-Grudo, J., & Slocum, R. (2020). Parenting infants and toddlers through the COVID-19 pandemic. *Oklahoma Cooperative Extension Service, Coronavirus Resources*. Stillwater, Oklahoma. Available at: <https://extension.okstate.edu/coronavirus/media/parenting/parenting-infants-and-toddlers-covid-19.pdf>
- Hubbs-Tait, L. & **Jespersen, J. E.** (2020). Helping children cope with stress about COVID-19. *Oklahoma Cooperative Extension Service, Coronavirus Resources*. Stillwater, Oklahoma. Available at: <https://extension.okstate.edu/coronavirus/media/parenting/covid-19-parenting.pdf>
- Jespersen, J. E.,** Morris, A. S., Hubbs-Tait, L., & Hays-Grudo, J. (2020). How parents can help school-aged children (4-12) through the COVID-19 pandemic. *Oklahoma Cooperative Extension Service, Coronavirus Resources*. Stillwater, Oklahoma. Available at: <https://extension.okstate.edu/coronavirus/media/parenting/how-parents-can-help-school-aged-children.html>
- Jespersen, J. E. & Morris, A. S.** (2020). Active Parenting First Five Years implementation in the State of Arizona: Evaluation report. Tulsa, OK: Oklahoma State University, Department of Human Development and Family Science.
- Jespersen, J. E. & Morris, A. S.** (2020). Active Parenting First Five Years implementation in the State of Oklahoma: Evaluation report. Tulsa, OK: Oklahoma State University, Department of Human Development and Family Science.
- Jespersen, J. E. & Morris, A. S.** (2018). Helping your young child deal with anger. *Oklahoma Cooperative Extension Service, OSU Extension Fact Sheets*. Stillwater, Oklahoma. Available at: <http://factsheets.okstate.edu/documents/t-2250-helping-your-young-child-deal-with-anger/>
- Jespersen, J. E. & Henry, C. S.** (2018). Research update for family and consumer science educators on Schindler, J. P., Kholoptseva, J., Oh S. S., Yoshikawa, H., Duncan, G. J., Magnuson, K. A., & Shonkoff, J. P. (2015). Maximizing the potential of early childhood education to prevent externalizing behavior problems. A meta-analysis. *Journal of School Psychology, 53*, 243-263. *Oklahoma State University Cooperative Extension Service, Family and Consumer Sciences Research Update*. Stillwater, Oklahoma. Available at: <https://humansciences.okstate.edu/fcs/publications-resources/research-updates.html>

CONFERENCE PRESENTATIONS

- Jespersen, J. E.,** King, S., & Beasley, L. O. (2024). *Empowering Father Figures: Bridging the Engagement Gap in Parenting Programs Through Tailored Content and Support*. Poster to be presented at the 27th Biennial meeting of the International Society for the Study of Behavioural Development, Lisbon, Portugal.
- Dobson, M., Morris, A. S., Barlaan, D., Beasley, L. O., **Jespersen, J. E.,** & Hays-Grudo, J. (2024). *Maternal adverse and protective factors on social emotion problems and competence*. Poster to be presented at the National Research Conference on Early Childhood, Arlington, Virginia.

- Watrous, J. N., **Jespersen, J. E.**, Barlaan, D., Hays-Grudo, J., & Morris, A. S. (2023). *Positive childhood and adult experiences relate to mental health*. In D. Han (Chair), "Positive Child and Adult Experiences as Resilience Mechanisms for Lifespan and Intergenerational Development." Paper presented at the Society for the Study of Human Development 13th Biennial Conference, Philadelphia, Pennsylvania.
- Barlaan, D., Watrous, J. N., **Jespersen, J. E.**, Hays-Grudo, J., & Morris, A. S. (2023). *A longitudinal investigation of maternal ACEs and trajectories of depression, parenting stress, and infant social-emotional development*. In D. Han (Chair), "Positive Child and Adult Experiences as Resilience Mechanisms for Lifespan and Intergenerational Development." Paper presented at the Society for the Study of Human Development 13th Biennial Conference, Philadelphia, Pennsylvania.
- Morris, A. S., Hays-Grudo, J., & **Jespersen, J. E.** (2023). *Adversity and Resilience in Caregivers and Young Children: Protective and Compensatory Experiences (PACES)*. Workshop presented at the 18th World Congress for World Association for Infant Mental Health, Dublin, Ireland.
- Beasley, L. O., King, S., & **Jespersen, J. E.** (2023). *A strengths-based approach to supporting parenting during prolonged adversity: Lessons learned from the pandemic*. Paper presented at the 18th World Congress for World Association for Infant Mental Health, Dublin, Ireland.
- Jespersen, J. E.**, King, S., Beasley, L. O., Ratliff, E. L., Barlaan, D., Watrous, J. N., Morris, A. S., & Hays-Grudo, J. (2023). *Quality time in quarantine: The buffering effects of family time on outcomes associated with COVID-19*. Poster presented at the 18th World Congress for World Association for Infant Mental Health, Dublin, Ireland.
- Jespersen, J. E.**, Ratliff, E. L., Morris, A. S., Watrous, J. N., Barlaan, D., Beasley, L. O., & Hays-Grudo, J. (2023). *Utilizing multilevel modeling to examine group differences in parenting program outcomes: An indicator of fidelity*. Poster presented at the 18th World Congress for World Association for Infant Mental Health, Dublin, Ireland.
- Watrous, J. N., **Jespersen, J. E.**, Ratliff, E. L., Beasley, L. O., Barlaan, D., Hays-Grudo, J., & Morris, A. S. (2023). *Maternal childhood experiences relate to depression in new mothers*. Poster presented at the 18th World Congress for World Association for Infant Mental Health, Dublin, Ireland.
- Jespersen, J. E.**, Hays-Grudo, J., Ratliff, E. L., & Morris, A. S. (2023). *Childhood adversity and mental health outcomes: The buffering effect of preventative and compensatory childhood experiences* (2023). In D. Han (Chair), "Positive Childhood Experiences as Resilience Mechanisms Against Adverse Childhood Experiences for Adult and Intergenerational Health." Paper presented at The Society for Research in Child Development Biennial Meeting, Salt Lake City, Utah.
- Beasley, L. O., Watrous, J., **Jespersen, J. E.**, King, S., Morris, A. S., Croff, J., & Hays-Grudo, J. (2023). *Understanding familial protective factors during the pandemic: The potential role of culture in family resilience*. In A. Palmer (Chair), "Multisystem Resilience Factors: Promoting and Protecting Children's Mental Health in Multiple Risk and Cultural Contexts." Paper presented at The Society for Research in Child Development Biennial Meeting, Salt Lake City, Utah.
- Jespersen, J. E.**, Morris, A. S., Washburn, I. J., Beasley, L. O., Ciciolla, L., & Chesher, T. (2023). *Attachment and parenting behavior in mothers of young children: A mixed-methods approach*. Poster presented at The Society for Research in Child Development Biennial Meeting, Salt Lake City, Utah.

- Barlaan, D., King, S., **Jespersen, J. E.**, Beasley, L. O., Milojevich, H., & Bard, D. (2023). *Provider behaviors potentially impacting enrollment, engagement, and attrition in home-based parenting programs: A qualitative analysis*. Poster presented at The Society for Research in Child Development Biennial Meeting, Salt Lake City, Utah.
- King, S., Barlaan, D., **Jespersen, J. E.**, Beasley, L. O., Mundy, P., Shields, J., Silovsky, J. F., & Bard, D. (2023). *Caregiver attrition in home-based parenting programs: A multi-program examination*. Poster presented at The Society for Research in Child Development Biennial Meeting, Salt Lake City, Utah.
- Popkin, M. H. & **Jespersen, J. E.** (2022). *Evaluation of a Group-Based Parenting Program Emphasizing Responsive Parenting, Parenting Efficacy, and Mindfulness*. Poster presented at the Oregon Parenting Educators Conference, Corvallis, Oregon.
- Morris, A. S., Hays-Grudo, J., & **Jespersen, J. E.** (2021). *Baby PACEs: The development of the Protective and Compensatory Experiences Survey (PACEs) for children ages 0-5*. Poster presented at the 17th World Congress of the World Association for Infant Mental Health, hybrid.
- Beasley, L. O., Morris, A. S., **Jespersen, J. E.** ... Croff, J. M. (2021). *A qualitative approach to understanding familial changes among high and low risk mothers during COVID-19*. In A. S. Morris & M. Thomason (Chairs) Understanding the impact of COVID-19 on parenting young children: Research collaborations and international perspectives. Paper presented at The Society for Research in Child Development Biennial Meeting, virtual.
- Jespersen, J. E.**, Morris, A. S., & Beasley, L. O. (2021). *The influence of mother-reported infant development on parenting efficacy and commitment one year later*. Poster presented at The Society for Research in Child Development Biennial Meeting, virtual.
- Jespersen, J. E.**, Quigley, A. N., & Shreffler, K. M. (2021). *Pregnancy intendedness and happiness as predictors of maternal-fetal bonding: Evidence for mediation*. Poster presented at The Society for Research in Child Development Biennial Meeting, virtual.
- James, H., **Jespersen, J. E.**, & Shreffler, K. M. (2021). *Exploring the role of pre-conception food insecurity for mother-infant bonding at six months postpartum*. Poster presented at The Society for Research in Child Development Biennial Meeting, virtual.
- Chiaf, A., Croff, J. M., Morris, A. S., Beasley, L. O., **Jespersen, J. E.**, ... & Singer, L. (2021). *Maternal health behaviors due to childcare and schooling changes in response to COVID-19*. Poster presented at the Society for Research in Child Development Biennial Meeting, virtual.
- Shreffler, K. M., **Jespersen, J. E.**, Erato, G., & Croff, J. M. (2021). *Risk for unintended pregnancy among those with a fertility problem*. Poster presented at the American Academy for Health Behavior virtual meeting.
- Jespersen, J. E.**, Morris, A. S., Hubbs-Tait, L., & Washburn, I. J. (2020). *Evaluation of a parenting program for responsive parenting, executive function, and mindfulness*. Poster presented at the Annual Meeting of the American Psychological Association, virtual.
- Jespersen, J. E.**, Hubbs-Tait, L., Miller, B., Conner, C., Winn, H., Gandy-Jones, B., & Morris, A. S. (2019). *Extension program shows improvements in child behavior and parenting*. Paper as part of

a symposium presented at the Annual Meeting of the National Extension Association of Family and Consumer Sciences, Hershey, Pennsylvania.

- Jespersen, J. E.**, Zapata, M. I., Titchener-Stiller, K., Treat, A. E., Branch, M., Singh, R., Silovsky, J. F., Beasley, L., & Morris, A. S. (2019). *Similarities and differences between Spanish-speaking and English-speaking mothers on measures of well-being and parenting skills*. Poster presented at the Biennial Meeting of the Society for Research in Child Development, Baltimore, Maryland.
- Jespersen, J. E.**, Slocum, R. S., Hubbs-Tait, L., Love, J., Bosler, C. D., Hays-Grudo, J., & Morris, A. S. (2019). *Preliminary findings evaluating a group-based parenting program focused on Responsive Parenting, Self-Efficacy, and Mindfulness*. Poster presented at the Biennial Meeting of the Society for Research in Child Development, Baltimore, Maryland.
- Ratliff, E. L., Morris, A. S., Beasley, L. O., Hays-Grudo, J., **Jespersen, J. E.**, Kerr, K., & Ciciolla, L. (2019). *Threat and deprivation: Investigating outcomes associated with two different dimensions of adverse childhood experiences*. Paper presented at the Biennial Meeting of the Society for Research in Child Development, Baltimore, Maryland.
- Hubbs-Tait, L., Bosler, C. D., **Jespersen, J. E.**, Miller, B., Conner, C., Gandy-Jones, B., James, T., & Morris, A. S. (2018). *Steps to improve statewide parenting education evaluations: Process and lessons learned*. Paper as part of a symposium presented at the Annual Session of the National Extension Association of Family and Consumer Sciences, San Antonio, Texas.
- Jespersen, J. E.**, Singh, R., Zapata, M., & Morris, A. S. (2018). *Utilizing faith-based literacy events to build community and promote positive parenting*. Poster presented at the 16th World Congress of the World Association for Infant Mental Health, Rome, Italy.
- Singh, R., Zapata, M. I., **Jespersen, J. E.**, & Morris, A. S. (2018). *Talk, Read, and Sing Campaign: Attitudes and behavior towards talking, reading, and signing to babies*. Poster presented at the 16th World Congress of the World Association for Infant Mental Health, Rome Italy.
- Slocum, R., Morris, A. S., Bosler, C. D., **Jespersen, J. E.**, & Hays-Grudo, J. (2018). *Super parents! A parenting program focused on responsive parenting, mindfulness, and executive functioning*. Poster presented at the 16th World Congress of the World Association for Infant Mental Health, Rome, Italy.
- Bosler, C. D., **Jespersen, J. E.**, Slocum, R., Hays-Grudo, J., & Morris, A. S. (2018). *Super parents! The evaluation of a group-based parenting program focused on mindfulness, positive parenting, and building executive function*. Poster presented at the 16th World Congress of the World Association for Infant Mental Health, Rome, Italy.
- Jespersen, J. E.**, Criss, M. M., Grissett, J. E., Anderson, M., & Morris, A. S. (2018). *Sources of parental knowledge of youth anger and sadness among low-income families*. In M. M. Criss (Chair), Socialization experiences among adolescent girls from low-income families. Paper presented at the 21st Biennial Conference for the Society for Research in Human Development, Plano, Texas.
- Anderson, M., Criss, M. M., **Jespersen, J. E.**, Grissett, J. E., & Morris, A. S. (2018). *Examining the increment effects of parenting and peer relationships among adolescents from low-income families*. In M. M. Criss (Chair), Socialization experiences among adolescent girls from low-income families. Paper presented at the 21st Biennial Conference for the Society for Research in Human Development, Plano, Texas.

Grissett, J. E., Criss, M. M., Anderson, M., **Jespersen, J. E.**, & Morris, A. S. (2018). *Predictors of monitoring among adolescents from low-income families*. In M. M. Criss (Chair), Socialization experiences among adolescent girls from low-income families. Paper presented at the 21st Biennial Conference for the Society for Research in Human Development, Plano, Texas.

Reschke, P. J., Walle, E. A., **Jespersen, J. E.**, Rowan, S., Wall, N. & Flom, R. (2016). *The Development of Infants' Expectations of Emotional Outcomes*. Poster presented at the Biennial Meeting of the International Congress on Infant Studies, New Orleans, Louisiana.

Anderson, B., Bragg, M., Elhert, R., Field, N., Guenther, D., **Jespersen, J. E.**, ... & Flom, R. (2015) *Do Infants Show a Preference for Helping and Hindering Events?* Poster presented at the annual Mary Lou Fulton Mentored Research Conference, Provo, Utah.

Valdez, C., Russell, A., Rice, J., Lane, K., **Jespersen, J. E.**, ... & Flom, R. (2015) *Children's Recognition of Pride*. Poster presented at the annual Mary Lou Fulton Mentored Research Conference, Provo, Utah.

RESEARCH FUNDING & GRANT PROPOSALS

Jespersen, J. E. (2021) Triangulating Internal Working Models of Attachment in Mothers of Young Children: A Mixed-Methods Approach. *Robberson Summer Dissertation Grant*, Oklahoma State University Graduate College. Competitive dissertation grant awarded annually to 8-10 doctoral candidate applicants. **Funded: \$6,000.**

TEACHING INTERESTS

Infant Development, Socioemotional Development, Infant & Toddler Programming, Parenting, Developmental Psychology, Developmental Psychopathology, Lifespan Development, Family Science, Family Dynamics, Family Life, Parent Education, Research Methods, Research Statistics, Program Evaluation.

TEACHING EXPERIENCE

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| 2024 | Instructor , <i>Lifespan Development</i> , Department of Psychology, Oklahoma State University. |
| 2022 | Instructor , <i>Infant-Toddler Programming</i> , Department of Human Development and Family Science, Oklahoma State University. |
| 2022 | Guest Lecturer , <i>Psychology of Parent Behavior</i> , Department of Psychology, Oklahoma State University. Guest lecturer for content related to parenting children ages 4-12. |
| 2021 | Instructor , <i>Infant-Toddler Programming</i> , Department of Human Development and Family Science, Oklahoma State University. |
| 2021 | Instructor , <i>Family Dynamics</i> , Department of Human Development and Family Science, Oklahoma State University. Co-instructor with Dr. Lana Beasley. |

- 2020 **Instructor**, *Adolescent Development in Family Contexts – Online*, Department of Human Development and Family Science, Oklahoma State University.
- 2019 **Guest Lecturer**, *Research Methods in HDFS*, Department of Human Development and Family Science, Oklahoma State University. Provided guest lecture on observational data collection methods.
- 2019 **Teaching Assistant**, *Research Methods in HDFS*, Department of Human Development and Family Science, Oklahoma State University. Supervised by Amanda S. Morris, Ph.D.
- 2018 **Guest Lecturer**, *Developmental Psychology*, Tulsa Community College. Provided guest lectures on topics of prenatal development and infancy.
- 2015-2016 **Teaching Assistant**, *Psychological Statistics*, Department of Psychology, Brigham Young University. Supervised by Ross Flom, Ph.D. Led weekly recitations, prepared exam reviews, and advised and evaluated students in individual SPSS assignments.

TEACHING CERTIFICATIONS

- 2020 **Certified Online Instructor** – Completed the *Preparing Online Instructors* course taught by the OSU Institute for Teaching and Learning Excellence.

INVITED PRESENTATIONS

- 2024 Presenter for the Center for Family Resilience – Multi-Tiered Systems of Support. *Protective and Compensatory Experiences in School Settings*.
- 2024 Presenter for Langston University’s Early Childhood Education Seminar. *Understanding Adverse Childhood Experiences*.
- 2019 Presenter for the Institute for Building Early Relationships at Oklahoma State University, Stillwater, OK. *Current State of Parent Education for Parents of Young Children*.
- 2018 Panelist for Oklahoma’s University for Parents, Tulsa, OK. *The Importance of the First Year of Life*.

AWARDS & HONORS

- 2021-2022 A Stately Affair – Impact Tulsa Scholarship (\$2,000)
- 2021-2022 Virginia M. Stapley HDFS Scholarship (\$1,500)
- 2021 Human Development and Family Relationships Award, *National Extension Association of Family & Consumer Sciences*
- 2020-2021 Skinner Human Sciences Fellowship (\$5,000)
- 2020 Julie Branch Staton Outstanding Graduate Student Award, *Oklahoma State University*
- 2019-2020 Virginia M. Stapley HDFS Scholarship (\$1,500)

2018-2019	Darlene Ruth Douglas Scholarship (\$1,200)
2018-2019	Virginia M. Stapley HDFS Scholarship (\$1,400)
2017-2018	A Stately Affair – Impact Tulsa Scholarship (\$2,000)
2016-2017	The Brigham Young Scholarship (\$2,650)
2016	Mary Lou Fulton Travel Grant (\$1,200)
2015-2016	BYU President’s Leadership Council Scholarship (\$2,576)
2014-2015	Higher Education Success Grant (\$2,500)
2010-2013	Arthur N. and Maria Taylor Scholarship (\$2,000)

PROFESSIONAL SERVICE

2023-Present	Seminary Teacher – New Testament Instructor of High School Seniors for the Church of Jesus Christ of Latter-day Saints in Broken Arrow, OK.
2023-Present	Certified NEAR (Neuroscience, Epigenetics, ACEs, and Resilience) Science Mentor Trainer – certified trainer of NEAR Science program instructors.
2021-Present	Ad hoc Reviewer for Adversity and Resilience Science
2021-Present	Ad hoc Reviewer for Family Relations
2021	Ad hoc Reviewer for Child and Youth Care Forum
2020-2022	Graduate Student Representative for the Institute for Building Early Relationships. College of Education and Human Sciences, Oklahoma State University – advisory board member and presenter.
2019-Present	Certified Trainer of Trainers for <i>Active Parenting - First Five Years</i> – certified trainer of parenting program instructors. Trained 14 community leaders to date.
2019	Reviewer for the Society of Research in Human Development Biennial Meeting
2019-Present	Certified Program Instructor for <i>Active Parenting – 4th Edition</i> . Taught 6 parents to date.
2018-Present	Certified Program Instructor for <i>Active Parenting - First Five Years</i> . Taught 12 parents to date.
2017-2019	Facilitator for Oklahoma’s University for Parents (OK-UP) – supported community engagement and instruction during quarterly events.
2015-2016	Tutor for BYU Athletic Department – designated Psychology and Statistics tutor.
2015-2016	Volunteer in The Utah State Hospital Children’s Unit – interacted with and observed the behavior patterns of children who had been removed from their homes.

2012-2013 English Teacher at the Frederiksberg Young Adult Center – held weekly English classes for Danish, Polish, and Vietnamese students. Fluent in Danish.

SOFTWARE & STATISTICAL/METHODOLOGICAL SKILLS

- Mplus – Structural Equation Modeling
- Stata – Multi-level Modeling
- SPSS – Broad Quantitative Analysis
- NVivo – Qualitative Coding & Analysis
- Qualtrics – Electronic Survey Creation, Administration, and Data Storage
- REDCap – Electronic Survey Creation, Administration, and Data Storage

DEVELOPMENTAL ASSESSMENT SKILLS

- Mini International Neuropsychiatric Interview (MINI)
- Five Minute Speech Sample – Coherence
- Parenting Interactions with Children: Checklist of Observations Linked to Outcomes (PICCOLO).
- Bayley Scales of Infant and Toddler Development 4th Ed.

PROFESSIONAL MEMBERSHIPS

- Society for Research in Child Development
- World Association for Infant Mental Health
- American Psychological Association (Division 7)
- Psi Chi International Honor Society